

Spiritual Resume

JEFFREY ARMSTRONG

A Western Master of Eastern Wisdom
Motivational Speaker and Spiritual Teacher
Founder of VASA Vedic Academy of Science & Arts

Jeffrey's first degree was in Psychology followed by one in Literature. He studied the occult and Metaphysical philosophers of all world cultures until the age of 23 when he met his first Guru from India, His Divine Grace AC Bhaktivedanta Swami Phabhupada, the founder of the International Society for Krishna Consciousness.

Under his supervision, Jeffrey lived in ashrams as a celibate brahmacharya for 5 years serving a wide variety of ashram services including feeding the poor, teaching at universities, cooking, and leading kirtans. He also helped His Grace translate his books: The Bhagavata Purana and other books into English.

In 1973, Jeffrey left the ashram and met his teacher of Vedic Astrology, Jytirvid M.K. Ghandi; from whom he learned the traditional northern style of Vedanga Jyotisha. Since then, Jeffrey has been one of the pioneers of Vedic Astrology in the West specializing in what he calls AyurVedic Astrology. Over the last thirty five years he has counseled and read the charts of thousands of people. Jeffrey also went back to University and got a degree in History & Comparative Religion from the University of California, Santa Cruz, and in the following years studied Sanskrit, Ayurveda and many of the related historical Vedic texts. With his near photographic memory and speaking eloquence on these topics, he is a treasure house of great spiritual knowledge.

For the last ten years Jeffrey has been teaching the Vedic knowledge full time. He has developed a full curriculum of seminars available in CD format on the Vedic knowledge including: the Ramayana, the Mahabharata, the Bhagavad-gita, the Puranas, the Yoga Sutras, Vedanta, and the Upanishads. He has thousands of students in the West who are learning the Vedic/Hindu Sanatan Dharma.

In addition, Jeffrey travels internationally to major universities, ashrams and corporations as well as to yoga and health spa conferences, teaching about the Vedic culture. He is also an award-winning author and mystical poet.

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Key Note speaker and presenter at

- HSC Annual National Camp, Raleigh, N. Carolina, 2007
- Shri Swaminarayan Mandir, London UK, 2006
- Hindu Academic Conference, Birmingham, UK, 2006
- Sri Meenakshi Temple of Houston, TX 2006
- Human Empowerment Conference LA, CA 2006
- Ayurvedic Institute of Europe, Sept 2006
- WAVES Conference, Houston TX 2006
- Washington University, St. Louis, IL, 2005
- Third Annual Human Empowerment Conference Houston TX, 2005
- Dharma Summit in New Jersey, 2005
- The Dharma Conference in New York - 2003
- The Northeast Regional Hindu Youth Association, Chicago 2004
- The Southeast Regional Hindu Youth Association, Miami 2005
- The National Hindu Youth Association, 2006
- NAMA - National Ayurvedic Medical Conference in Florida 2003
- Yoga Centers in Canada, USA, India and Brazil (too many to list)
- See *Recent Keynote* page for a complete list

To have Jeffrey speak for your
organization please contact
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